



TRAINING CENTRES COVID-19 RISK ASSESSMENT





TRAINING CENTRE COVID-19 RISK ASSESSMENT

During each session we will be following strict guidelines submitted by both the government and The Football Association to ensure all players, staff and parents safety at all times.

Our designated COVID-19 coordinator will continue to update all thorough risk assessments in accordance to any new guidelines from the government and The Football Association.

All risks assessments are subject change.





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Updated guidance on permitted grassroots football activity during Covid-19

Updated Guidance on Permitted Grassroots Football Activity During COVID-19 - 12 June 2020



The FA has today issued further guidance to all grassroots football and informal football activity outside the professional game following The Government's relaxation of COVID-19 restrictions from 1 June 2020.

Consistent with Government advice, published on Monday 1 June, the following outdoor football activity is currently permitted:

PLAYING FOOTBALL INDIVIDUALLY
e.g. practice of individual skills or fitness activities



PLAYING FOOTBALL WITH YOUR FAMILY OR OTHER PEOPLE LIVING IN YOUR HOUSEHOLD



FOOTBALL TRAINING OR FITNESS ACTIVITIES IN GROUPS OF NO MORE THAN SIX, KEEPING TWO METRES APART AT ALL TIMES



← 2 METRES →

Sharing of equipment should be kept to a minimum and strong hand hygiene practices should be in place before and after.



Physical contact with anyone outside of your household is not permitted, therefore, playing of any games (small-sided or full) is also not permitted at this time. Avoid meeting in groups of six in busy or overcrowded areas, if it is so busy that it is not possible to maintain social distancing at all times.

FOOTBALL COACHING WITH SMALL GROUPS OF UP TO SIX PEOPLE



Football coaches can now undertake small group sessions with no more than five other people from outside your household but are reminded to follow The FA safeguarding policies when coaching/working with children. This must include risk assessing the activities, gaining consent from parents/carers. Coaches must work on a ratio of one coach to groups of no more than five children in each group (1-5) and there must be a minimum of two FA-DBS-checked adults present at any one time. – see Download 5.5 at <http://www.thefa.com/footballrules/governance/safeguarding/section.11/the-complex/download-directory>



TRAINING FOR TWO OR MORE GROUPS OF SIX (WITH EACH GROUP INCLUDING A COACH)

It is permissible for coaches to organise a training session that has two or more groups of five plus a coach involved, as long as the groups are kept separate, and everyone is socially distancing, and strict hygiene measures are in place.

FOOTBALL COACHES WORKING WITH PEOPLE WITH IMPAIRMENTS



Must ensure they can adequately cater for any additional needs whilst still avoiding physical contact and maintaining social distancing. Individuals should follow Government guidance relevant to their own impairment or health condition.



Please be reminded, if an individual is symptomatic, living in a household with a possible COVID-19 infection or if you are classified as extremely vulnerable on health grounds, the guidance is that you should remain at home.

The FA continues to work closely with the Department for Digital, Culture, Media & Sport (DCMS) and Sport England in order to provide good practice guidance for those responsible for delivering different aspects of grassroots football and we will share further information as soon as possible.





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Activity	Potential Hazard	People at Risk	Actions Required	Action By Who	Action By When
Drop off and pick up	Mass gathering breaking social distancing guidelines and increasing exposure to the virus	Players Parent Coaches Venue staff	Allocated drop off and pick up points Strict drop off and pick up times Limiting one parent at drop off and pick up Encouraging parents to avoid public transport when traveling to sessions.	Coaches Parents Venue staff to oversee car parking	Details to be sent to parents and staff explaining procedures prior to sessions. Parents and players reminded at each session.
Spectating	Mass gathering breaking social distancing guidelines and increasing exposure to the virus Increased contamination risks	Players Parents Coaches Venue staff	Goffs Academy, Goffs Oak No spectating (parents to younger players will have the option of waiting in their vehicles within the venue car park) Churchgate Academy, Cheshunt No spectating (parents to younger players will have the option of waiting in their vehicles within the venue car park) Wodson Park Leisure Centre, Ware Parents may spectate from behind the fenced areas but must not enter the pitch. One spectator per player. Spectators to keep within the social distancing guidelines.	Coaches Parents Venues	Details to be sent to parents and staff explaining procedures prior to sessions. Parents and players reminded at each session.
Playing outdoor football	Social distancing - increased exposure and spread of the virus if social distancing measures are not adhered to	Players Coaches	Small consistent groups of five players per coach (bubble) Players to have physical markers placed minimum two metres apart No matches to be played	Coaches	Throughout each session
Equipment and cleaning	Exposure to virus is increased unless appropriate standards of cleaning & disinfection are in operation	Players Parents Coaches	Frequently cleaning and disinfecting all equipment and surfaces that are touched regularly	Coaches	Before and after each session.
Hygiene and hand sanitising	If the correct hygiene and hand sanitising measures are not implemented then this would increase the risk of the exposure and spread of the virus.	Players Parents Coaches Venue Staff	Parents to oversee the player has washed/hand sanitised their hands thoroughly before each session Coaches to wash hands and use hand sanitiser before each session Coaches to provide hand sanitiser to players before and after each session	Parents Players Coaches	Before and after each session
Symptoms of Covid-19	Exposure and spread of the virus if a player or coach attends a session with symptoms of Covid-19	Players Parents Coaches Venue Staff	Temperature checks of all players and coaches to be taken on arrival before each session If a player or a family member of the player has developed Covid-19 symptoms, the player will not be able to attend sessions and will need to follow the government stay at home guidelines.	Players Parents Coaches	Before each session
Coughing, Sneezing and spitting	Increased exposure and spread of the virus if the government guidelines are not adhered too.	Players Parents Coaches Venue Staff	Tissues to be provided Follow the government catch it, bin it, kill it guidelines Players and coaches to avoid touching eyes, nose, mouth and face as much as possible.	Coaches Players	Before, throughout and after each session.





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Activity	Potential Hazard	People at Risk	Actions Required	Action By Who	Action By When
Playing outdoor football	Develop symptoms of Covid-19 - Exposure to the virus and an outbreak of the virus is increased if anyone becomes unwell with a new continuous cough or a high temperature in the workplace.	Players Coaches Parents	<p>If anyone becomes unwell with a new continuous cough or a high temperature in the workplace they will be sent home and advised to follow the stay at home guidance.</p> <p>If we suspect a child or member of staff may be displaying signs of coronavirus we will immediately escort them to an isolation area where they will remain with a coach who will be present at a safe distance until a parent arrives to collect.</p> <p>The member of staff waiting with the child will be wearing full PPE</p> <p>All members of the suspected player bubble will be informed and sent home immediately. We will then ask those children to self isolate and not return to sessions for 14 days.</p>	Coaches	Throughout each session when necessary
First Aid and Emergency	Increased exposure and spread of the virus if correct precautions are not followed	Players Parents Coaches	<p>An appointed coach/person to be responsible for emergency first aid.</p> <p>Try to assist at a safe distance from the casualty as much as you can and minimise the time you share a breathing zone</p> <p>Correct PPE to be worn by first aider</p> <p>Parents to sign a permission slip allowing first aid to be administered to their child.</p> <p>Emergency contact details for that player to be on hand if further treatment is required or the coach feels a parent is needed</p>	Coaches	Throughout sessions as and when is needed.
Toilet Facilities	Increased exposure and spread of the virus if the toilets in use are not cleaned regular and if social distancing rules are not abided by.	Players Parents Coaches	<p>Goffs Academy, Goffs Oak and Churchgate Academy, Cheshunt No toilet facilities to minimise the traffic within the school building</p> <p>We ask all parents to make sure players have been to the toilet before attending a session.</p> <p>Wodson Park Leisure Centre, Ware Outside toilets available. One in/one out and one way systems in place. Players encouraged to wash hands. Hand sanitiser provided before re-entering session.</p> <p>Toilets to be cleaned by venue staff.</p>	Parents Coaches Players Venue staff	Throughout sessions as and when is needed.
Laces	If help is needed to help tie shoe laces then this could increase the exposure and spread of the virus if the government guidelines are not adhered to.	Players Parents Coaches	<p>All players/parents to double knot laces before each session.</p> <p>Coaches to hand sanitise before and after tying shoe laces.</p> <p>Coach to avoid front facing contact and try to assist at a safe distance</p> <p>Avoid speaking at this time until the 2 metre rule is resumed.</p>	Coaches Players Parents	Before and during each session.

